



# THE EDGERTON EAGLE

## MARCH 2017

### NEWSLETTER

#### THE HISTORY OF IRELAND

The Battle of The Boyne was an iconic event in Irish history which took place on the 1st July 1690. The Battle of The Boyne is commemorated every year on the 12th July by Protestants who march to celebrate the victory of Protestant King Billy over the Catholics and is known simply as 'The Twelfth'

The famous Irish saying 'To Hell or to Connaught' is a result of Oliver Cromwell's plans for the Irish according to the Act of Settlement 1653 where the Irish people were forced from their lands which were then given to the English. The people had the choice to die or move to Connaught!

Irish legend credits St Patrick with the Celtic Cross. It is believed he combined the pagan sun god (the circle) with a traditional Christian cross to create a Celtic cross

The Celtic Trinity Knot symbolizes the 'Trinity' and represents the three forms of God as a single being. God the father, his son Jesus Christ and the Holy Spirit

From the 12th to the 20th Century, Ireland was not an independent national state. Irish soldiers fought in the battles of numerous other countries from the thirty years war fought in Europe to the American Civil War

In 1678, half the population of the Caribbean Island of Montserrat were Irish! It is the only other country outside Ireland that has a national holiday on the 17th March, St Patrick's Day

History Facts 8 - National Schools were established in Ireland in 1831 by the British Government. Parents no longer had to pay for their children to attend Hedge Schools

In the 2012 during the Queen's Jubilee River Thames Pageant, the barge 'Gloriana' displayed flags for the four nations of the United Kingdom, the Saint Patrick's Cross was flown to represent Northern Ireland instead of the Union Banner also known as the Union Jack

The Classical Latin name for the island of Ireland is Hibernia

Ireland was never conquered by the Romans, one of only a few Western European countries that the Romans didn't invade

In 1949, Eire becomes a Republic and leaves the Commonwealth

Ireland joined the United Nations in 1955. On the 30th January 1972, 13 demonstrators in Derry are killed by soldiers from the Parachute Regiment, known as 'Bloody Sunday'

#### Early Bird Contest

Every month every one paying their rent before the 1st of the month. Their name will be placed in a hat. We will draw one name and that person will receive \$25.00 off their next months RENT! The Winner for February is . Take \$25.00 off March's rent!!!

#### WHEN IS DAYLIGHT SAVING TIME 2017?

Daylight Saving Time begins on Sunday, March 12, at 2:00 A.M. Remember to "spring ahead" and set your clocks forward 1 hour (i.e., losing one hour). (We do this Saturday night when we go to bed.) When do we set our clocks back? Daylight Saving Time ends on Sunday, November 5, at 2:00 A.M. Now, we "fall back" by setting your clocks back one hour (i.e., regaining one hour). (The exceptions to DST are Arizona, Hawaii, Puerto Rico, the Virgin Islands, and American Samoa.)

Here's the short history of this phenomenon ... Credit for Daylight Saving Time belongs to Benjamin Franklin, who first suggested the idea in 1784. The idea was revived in 1907,

when William Willett, an Englishman, proposed a similar system in the pamphlet *The Waste of Daylight*. The

Germans were the first to officially adopt the light-extending system in 1915 as a fuel-saving measure

during World War I. The British switched one year later, and the United States followed in 1918, when Congress passed the Standard Time Act, which established our time zones. This experiment lasted only until 1920, when the law was repealed due to opposition from dairy farmers (cows don't pay attention to clocks). During World War II, Daylight Saving Time was imposed once again (this time year-round) to save fuel. Since then, Daylight Saving Time has been used on and off, with different start and end dates.

Currently, Daylight Saving Time begins at 2:00 A.M. on the second Sunday of March and ends at 2:00 A.M. on the first Sunday in November.



#### Friendly Reminder's:

Please respect quiet hours after 11:00 pm weeknights and 12:00 pm on Friday and Saturday any noise TV, music, cooking, vacuuming opening and closing doors, running up and down stairs should be kept to a bare minimum. Please don't slam doors at anytime. If you are a night owl please remember others must rise early in the morning. Noise at night with the building so quiet is amplified.

Emerg Maint #: 627-6366

**Health Tip: Sharpen your memory by eating dinner earlier!** Feeling unfocused? Mover you final meal of the back an hour, why it works: Eating too close to bedtime throws off your body clock, triggering a jetlag-like effect that makes you groggy into the next day, say study authors. The more time between dinner and sleep today, the more likely you are to be alert tomorrow! It'll lower your stroke risk, too! Waiting at least 1 hour after eating before hitting the hay cuts your stroke risk 20%-and waiting 20 more mins. Cuts you risk another 10%.

*"It was one of those March days when the sun shines hot and the wind blows cold: when it is summer in the light, and winter in the shade." Charles Dickens, Great Expectations*

