



# THE EDGERTON EAGLE OCTOBER 2016 NEWSLETTER

## Friendly Reminder's:

Again we have had a rash of illegal dumping - If you see someone dumping please get their licence plate number and report it to the office. I will give you \$25.00 off your rent if we can catch them!

Suggestion from (1) of our not only long term residents but (1) of our favorites Norma: "It is time to clean the gas heater filter in your apartment" this is for Minoa Estates ONLY!

The Maintenance  
Emergency Number is  
627-6366

Caramel Almond  
Popcorn Clusters  
10 Cups popped  
popcorn  
2 cups whole almonds  
8 oz.

1 cup firmly packed  
light brown sugar  
½ cup butter or  
margarine  
¼ cup light corn syrup  
2 tsp. Vanilla

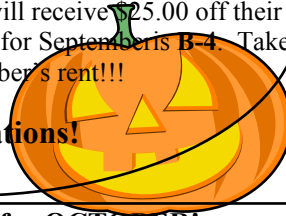
1 tsp. Almond extract  
½ tsp. Baking soda; Preheat oven to 225 F.  
Coat 15"x10" rimmed baking sheet with  
cooking spray. In large bowl, mix popcorn  
and almonds. In pot, combine brown sugar,  
butter and corn syrup. Over low heat, stir  
mixture until sugar dissolves. Increase heat  
to high; boil 3-5 min. until lightly golden.

Remove from heat; stir in vanilla, almond  
extract and baking soda. Pour over popcorn  
immediately stir gently with spoon to coat.  
Evenly spread mixture over baking sheet.  
Bake 1 hour. Cool completely. Break into  
pieces; store in airtight container. Great for  
a fall gathering.



Early Bird  
Contest  
Every month every one paying their rent before the 1st of the month. Their name will be placed in a hat. We will draw one name and that person will receive \$25.00 off their next months RENT! The Winner for September is B-4. Take \$25.00 off November's rent!!!

Congratulations!



## Reading Suggestions for OCTOBER!

The Bone Season by Samantha Shannon  
The Night Strangers by Chris Bohjalian  
The Wolves of Midwinter by Anne Rice  
The Night Circus by Erin Morgenstern  
Gil's All Fright Diner by A. Lee Martinez  
A Discovery of Witches by Deborah Harkness

If you are interested in book club held in the Minoa Estates Club House your invited we meet every other Wednesday. Next meeting is Oct 12, 2016.

## Try taking real ghost photos this Halloween!

Plan to visit a haunted destination, maybe a historic mansion or a cemetery, and hoping to snap a photo of the ghost in residence?

1. Request permission! Speaking calmly and loudly, ask any ghosts who may be nearby for permission to take their photo, saying, "If anyone is here, I invite you to show yourselves in my pictures." Showing respect - and that you mean them no harm - makes ghosts more likely to show themselves!
2. Take people pics! Ghosts are attracted to people, so, in addition to shooting empty staircases and spots where they've been before, snap photos of friends and family, leaving room on either side of them in your pictures for ghosts to appear!
3. Pay attention to hunches! If you sense strong ghostly energy in a certain location, or feel a sudden drop in temperature, stand as still as possible and snap multiple shots in that direction!
4. Examine your photos! If you see a bright circle - or mist, a cloud or human-shaped shadow - that appears for no apparent reason, there's a chance it's an image of a real ghost!



## HAVE YOUR HAPPIEST HALLOWEEN EVER!

1. Give yourself a good scare! Whether you spook yourself with a scary movie or take a walk through a local haunted house, research proves that you'll enjoy an instant dose of happy! That's because the excitement prompts your brain to release mood-boosting endorphins as well as energy-boosting adrenaline, scaring up a big smile!

2. Deck yourself in orange! Show your Halloween spirit by donning something orange! Color experts say the bold hue subconsciously reminds you of sunshine, which, in turn, brightens your mood!

3. Go crazy with pumpkin carving! The more out of your gourd you go with pumpkin carving, the happier you'll be - so go ahead and make the craziest face you can think of! Research proves that being creative stimulates the right side of the brain, making you feel more playful and less stressed!

4. Give the "treat trick" a try! Giving out candy isn't just a boon for trick-or-treaters-it sweetens your mood, too! In fact, studies show giving even such a small gift to someone, without getting anything in return, boosts your happiness for hours! Even better:

Canadian research shows having such positive interactions with Neighborhood parents and kids increases your level of life satisfaction!

